

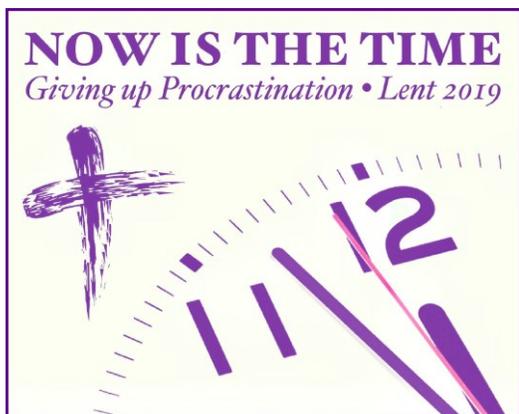
# LENT 2019



Holy Family Catholic Parish | 9531 Liberty Road | Randallstown, MD 21133 | 410.922.3800

## PASTOR'S MESSAGE

---



Dear brothers and sisters in Christ,

Lent begins on Ash Wednesday (March 6) and ends when the *Paschal Triduum* begins with the Evening Mass of the Lord's Supper on Holy Thursday (April 18). The traditional disciplines of prayer, fasting, and almsgiving prepare us for the celebration of the Paschal Triduum and Easter (cf. *Matthew* 6:1-6, 16-18).

**Join me in taking advantage of the opportunities** listed on this insert, our parish website ([www.holyfamilyrandallstown.org](http://www.holyfamilyrandallstown.org)), our Facebook page, in our weekly Flocknote newsletter, and in the *Sunday Bulletin*.

**Our theme for Lent 2019 is based on this Scripture verse: "Working together, then, we appeal to you not to receive the grace of God in vain.... Behold, now is a very acceptable time; behold, now is the day of salvation" (2 Corinthians 6:1-2).** Saint Paul tells us not to delay in fully cooperating with the steadfast love and generous mercy of God. Our lives on earth are just a moment in eternity. Therefore, let us choose wisely to use each day to glorify God, appreciate that we are His beloved children, and make choices that promote the true and lasting good for ourselves and others.

May you have a blessed Lent.

Father Raymond Harris | **Email:** [rharris@archbalt.org](mailto:rharris@archbalt.org) | **Phone:** 410.922.3800, ext. 6

## LENTEN HOMILY SERIES | *Now is the Time: Giving up Procrastination*

---

Father Harris will preach about resisting procrastination and resolving to practice our Faith. This is our response to the steadfast love and generous mercy of God. **The times listed below are when Father Harris is scheduled to be the Celebrant. We will have our regular Sunday Holy Mass schedule.**

**FIRST SUNDAY OF LENT | March 10**  
**Overcoming Temptation** (*Luke* 4:1-13)  
Sunday at 10:30 am & Noon

**THIRD SUNDAY OF LENT | March 24**  
**Redeeming the Time** (*Luke* 13:1-9)  
Sunday at 7:30 am & Noon

**SECOND SUNDAY OF LENT | March 17**  
**Conquering by the Cross** (*Luke* 9:28b-36)  
Saturday at 4:00 pm  
Sunday at 7:30 am & 10:30 am

**FOURTH SUNDAY OF LENT | March 31**  
**Reclaiming Your Identity** (*Luke* 15:1-3, 11-32)  
Saturday at 4:00 pm  
Sunday at 10:30 am & Noon

**FIFTH SUNDAY OF LENT | April 7**  
**Experiencing Salvation** (*John* 8:1-11)  
Saturday at 4:00 pm  
Sunday at 7:30 am & 10:30 am

# PRAYER



## ASH WEDNESDAY

March 6

**Holy Mass:** 8:30 am & 7:30 pm

*Ashes will be imposed during Holy Mass.*

**It is a day of fasting and abstinence.**

Catholics aged 18-59 are obliged to fast unless it would endanger their health. Catholics aged 14 and older are obliged to abstain from eating meat except for seafood. See the section on *Fasting and Abstinence from Eating Meat* for more information.

## HOLY MASS

*Sundays & Weekdays*



It is the most important invitation that we receive each week. "Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb."

<b>Saturday (Anticipated for Sunday)</b>	4:00 pm
<b>Sunday</b>	7:30 am, 10:30 am, & Noon
<b>Monday – Saturday</b>	8:30 am



## SACRAMENT of PENANCE & RECONCILIATION

*Weekends and by appointment*

Our Lord Jesus Christ provided this gift on the first evening after His resurrection (cf. *John 20:19-22*). Has it been awhile? Do not be afraid. Ask the priest to help you. Receive God's healing mercy.

<b>Wednesday (begins March 13)</b>	9:00 am – 9:30 am
<b>Friday (begins March 8)</b>	8:00 pm – 8:30 pm
<b>Saturday</b>	3:00 pm – 3:45 pm
<b>First Sunday</b>	9:45 am – 10:15 am

*Or you can also set an appointment with the Pastor.*

*See the next page for other times.*



## HOLY ROSARY

*Weekdays and Fourth Tuesdays*

<b>Monday – Saturday (Main Church)</b>	8:00 am
<b>Fourth Tuesday (Main Church)</b>	7:00 pm

## BIBLE STUDY

*Tuesdays*



We will have a series on the Passion of our Lord Jesus Christ according to Saint Luke.

**Bible Study meets on Tuesdays from 7:00 pm until 8:15 pm in the church Multipurpose Room.**



## EUCCHARISTIC ADORATION and BENEDICTION

*Thursdays*

Spend some quiet time in praise and adoration of the Lord Jesus Christ in the Blessed Sacrament.

<b>Adoration</b>	9:00 am – 4:00 pm
<b>Benediction of the Blessed Sacrament</b>	4:00 pm

## STATIONS of the CROSS

*Fridays*



Please attend our Lenten Fish Fry in the Parish Hall (5:00 pm until 7:00 pm).

**Then join us in the Main Church from 7:30 pm until 8:00 pm to pray this traditional Lenten devotion. Prayer books will be provided.**

Confessions will be heard after Stations of the Cross from 8:00 pm until 8:30 pm.

**Prayer: (1) an experience of communion with God; (2) an expression of God's loving commitment to us and our loving commitment to God; and (3) an engagement of cooperation with God.**

---

## ADDITIONAL TIMES FOR SACRAMENT OF PENANCE & RECONCILIATION

---

Archdiocesan Day of Reconciliation – Monday, April 8	9:00 am – 10:00 am and 6:30 pm – 8:00 pm
Wednesday of Holy Week – April 17	6:30 pm – 7:30 pm
Good Friday – April 19	6:45 pm – 7:30 pm and 8:00 pm – 8:30 pm

---

## FASTING & ABSTINENCE FROM EATING MEAT

---

**ASH WEDNESDAY** and **GOOD FRIDAY** are obligatory days of fasting and abstinence from eating meat (Catholics aged 18–59). Only one regular meal is taken. Two smaller meals may be taken if needed to maintain strength. No eating between meals. **Catholics are obliged to fast unless it would endanger their health.** For example, diabetics must be prudent in taking enough food throughout the day. Women who are pregnant and employees engaging in heavy physical labor must be prudent in eating what they need without being concerned about violating the obligation.

**EVERY FRIDAY OF LENT** is an obligatory day of abstinence from eating meat (Catholics aged 14 and older). We abstain from eating any meat except seafood. Eggs, milk products, or condiments of any kind (even if animal fat is an ingredient) are allowed.

*These disciplines are in memory of the sacrifice of our Lord Jesus Christ for our salvation.  
Intentionally failing to observe these obligations in a substantial way is a serious sin.*

---

## ALMSGIVING & WORKS OF MERCY

---

**POOR BOX DONATIONS:** The March beneficiary is our Saint Vincent de Paul Society, which assists those who need help for rent or food. The April beneficiary is Catholic Extension, which supports poor mission dioceses in the USA by funding programs and services which helps the Catholic Faith to grow in these areas.

**FOOD DONATIONS FOR 70+ EASTER BASKETS:** The Saint Vincent de Paul Society will provide Easter packages food for over 70 families. **We will need your donations by Sunday, April 7.** We also need donations to serve people throughout the year, including during Lent. **Note well: We cannot distribute outdated food.** Please take a moment to check the “expiration” or “best if used by” dates on any items before donating.

- **Canned Vegetables:** corn, green beans, mixed vegetables, peas, pork and beans, sweet potatoes, tomatoes, white potatoes
- **Meats:** canned meats, canned tuna fish
- **Pasta and other starches:** macaroni and cheese (box), pasta, pasta sauce, rice, stuffing
- **Fruit:** canned fruit, cranberry sauce
- **Desserts:** cake mixes, canned cake frosting, cookies, Jell-O®, muffin mix (small boxes)
- **Other:** cereal, jelly, peanut butter, soups, tea

**BEANS & BREAD CASSEROLES:** Our parish donates pasta casseroles to feed the hungry at the Beans and Bread Center in Fells Point. **Preparation instructions are printed in the *Sunday Bulletin* on March 10 and April 14.** Pans are in the grocery cart in the narthex. Bring the casseroles to the church parking lot on **March 16 and April 20 between 9:00 am – 9:30 am.**

**ARCHDIOCESAN ANNUAL APPEAL FOR CATHOLIC MINISTRIES:** The priorities are *Strengthening our Parish Communities; Reaching Out to our Neighbors in Need* (Catholic Charities, Saint Vincent de Paul Society, Respect Life Office programs); and *Evangelizing our Community* (e.g., Youth and Young Adult Ministries, Prison Ministry, Catholic Campus Ministries at state universities, Vocations Office). **The 2019 goal is \$36,485. Our parish receives a 20% rebate on donations given; for any donations given after the goal has been reached, an 80% rebate.** Rebates will help with: (1) continuing to upgrade parish technology and (2) purchasing liturgical items to use during worship. **Your generosity contributes to the work of the Lord in our parish and our Archdiocese. See the website: [www.holyfamilyrandallstown.org/appeal](http://www.holyfamilyrandallstown.org/appeal)**

**OPERATION RICE BOWL:** Catholic Relief Services’ Lenten faith-in-action program. 75% of your donation will support CRS’ humanitarian relief programs in nearly 100 countries. 25% of your donation will support hunger and poverty alleviation efforts in our community. **You can pick up a bowl on a narthex table.**

# HOLY FAMILY PARISH LENTEN FISH FRY 2019

March 8, 15, 22, 29 and April 5, 12  
5:00 pm until 7:00 pm



Holy Family Parish Hall  
9531 Liberty Road  
Randallstown, MD 21133  
410.922.3800

## MENU (Dine-In or Carry-Out)

Fried Fish & 3 Fried Shrimp (Fish sticks available)  
Macaroni & Cheese OR Potato Salad  
Green Beans OR Collard Greens  
Roll & Butter  
Coffee, Tea, & Punch (not on carry-out)

*\*\*\* No Substitutions \*\*\**

## TICKET PRICES:

Adults: \$12    Children (under 12): \$5  
Immediate Family: \$35

*Those who purchase dinner on the first five Fridays (March 8, 15, 22, 29 and April 5)  
can receive a free meal on April 12.*